Height (inches)	Non-Prior Service Prior Service	Maximum weight by years of age for females				Maximum weight by years of age for males			
		17-20	21-27	28-39	40 and over	17-20	21-27	28-39	40 and over
58	Non-Prior	112	115	119	122	-	-	-	-
	Prior	109	112	115	119	-	-	-	-
59	Non-Prior	116	119	123	126	-	-	-	-
	Prior	113	116	119	123	-	-	-	-
60	Non-Prior	120	123	127	130	139	141	143	146
	Prior	116	120	123	127	132	136	139	141
61	Non-Prior	124	127	131	135	144	146	148	151
	Prior	120	124	127	131	136	140	144	146
62	Non-Prior	129	132	137	139	148	150	153	156
	Prior	125	129	132	137	141	144	148	150
63	Non-Prior	133	137	141	144	153	155	158	161
	Prior	129	133	137	141	145	149	153	155
64	Non-Prior	137	141	145	148	158	160	163	166
	Prior	133	137	141	145	150	154	158	160
65	Non-Prior	141	145	149	153	163	165	168	171
	Prior	137	141	145	149	155	159	163	165
66	Non-Prior	146	150	154	158	168	170	173	177
	Prior	141	146	150	154	160	163	168	170
67	Non-Prior	149	154	159	162	174	176	179	182
	Prior	145	149	154	159	165	169	174	176
68	Non-Prior	154	159	164	167	179	181	184	187
	Prior	150	154	159	164	170	174	179	181
69	Non-Prior	158	163	168	172	184	186	189	193
	Prior	154	158	163	168	175	179	184	188
70	Non-Prior	163	168	173	177	189	192	195	199
	Prior	159	163	168	173	180	185	189	192
71	Non-Prior	167	172	177	182	194	197	201	204
	Prior	163	167	172	177	185	189	194	197
72	Non-Prior	172	177	183	188	200	203	206	210
	Prior	167	172	177	183	190	195	200	203
73	Non-Prior	177	182	188	193	205	208	212	216
	Prior	172	177	182	188	195	200	205	208
74	Non-Prior	183	189	194	198	211	214	218	222
	Prior	178	183	189	194	201	206	211	214
75	Non-Prior	188	194	200	204	217	220	224	228
	Prior	183	188	194	200	206	212	217	220
76	Non-Prior	194	200	206	209	223	226	230	234
	Prior	189	194	200	206	212	217	223	226
77	Non-Prior	199	205	211	215	229	232	236	240
	Prior	193	199	205	211	218	223	229	232
78	Non-Prior	204	210	216	220	235	238	242	247
	Prior	198	204	210	216	223	229	235	238
79	Non-Prior	209	215	222	226	241	244	248	253
	Prior	203	209	215	222	229	235	241	244

80	Non-Prior	214	220	227	232	247	250	255	259
	Prior	208	214	220	227	234	240	247	250

Height will be measured in stocking feet on a flat surface with the chin parallel to the floor. The body should be straight but not rigid, similar to the position of attention. The measurement will be rounded to the nearest inch with the following guidelines:
If the height fraction is less than 1/2 inch, round down.
If the height fraction is 1/2 inch or greater, round up.
Weight should be measured and recorded to the nearest pound.
All measurements will be taken in the APFT uniform.
Add 6 pounds per inch for males and 5 pounds per inch for females measuring over 80 inches tall.

Maximum Allowable Body Fat

	Male Age Group				Female Age Group			
Age	17-20	21-27	28-39	40+	17-20	21-27	28-39	40+
Prior	20%	22%	24%	26%	30%	32%	34%	36%
Non-Prior	24%	26%	28%	30%	30%	32%	34%	36%